

The Key To Me



Name

There is me (photo)

My skillset / what I enjoy doing at work:

Two truths, one lie:

And there is also *this* me... (Photo)

My best working patterns are:

What helps me manage my own mental health:

What gets the best out of me at work:

These are a few of my favourite things:

I struggle at work when:

I am at my best when:

The best way to contact me:

